



Waldorf Early Childhood Educator Training

SPACIAL DYNAMICS

Instructor: Jane Williams

COURSE OUTLINE

Description of Course Content: Spacial Dynamics raises our consciousness about personal space, the dynamics of movement, movement streams, and the posture of the teacher. Creating a movement environment that promotes confidence in the participants, - by their becoming conscious of this space and the dynamic forces of the movements within it – is important to the teacher’s practice. The physical body learns to eventually follow and to ease into these movements. When the body moves into a dynamic space that has already been consciously created for it, the movement itself can be performed with less effort, greater effect, enhanced mental clarity, and less strain upon the body. Spacial Dynamics activities help people to learn and integrate the human being’s relationship to the dynamics of space.

Learning Objectives: Upon completion of this course the student will have reliably demonstrated the ability to:

- have more consciousness about spacial orientation and the preparation of a movement environment for young children
- have information and tools to further develop his/her own dynamic in space

Required text/ materials: no text. Handouts are available in class.

Comfortable clothing must be worn for movement exercises.

Recommended text: none

Method of Instruction: presentation, discussion, demonstration and practice by students

Method of Student Evaluation and Completion Requirements: attendance, quality of participation in classroom movement activities and discussions

10 classes of 1.5 hours each (15 hrs. = 7.5 hours in yr. 1 and 7.5 hours in yr 2)

Ruth Ker and Debbie Laurin
Program Directors
October, 2023